

Little Sugar Addicts

End the Mood

Swings, Meltdowns,

Tantrums, and Low

Self-Esteem in Your

Child Today

**A Breakthrough
Nutritional Approach
from America's
Leading Expert
on Sugar
Sensitivity**

- How to Recognize Sugar Sensitivity in Your Youngster
- Easy Ways to Get Your Child to Eat the Right Foods—Without Deprivation
- Menus, Grocery Lists, and Recipes (Including Kid-Friendly Recipes They Can Make Themselves)

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Author of Potatoes Not Prozac